

## Contact information:

**South East Essex Community Services**  
(Southend/Castle Point/Rochford)  
Single Point of Access Tel: **01702 372070**

**West Essex Community Services**  
(Epping/Harlow/Uttlesford)  
Single Point of Access Tel: **01279 827524**

## Patient Experience Team

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to the Patient Experience Team on **0800 085 7935** or you can email [epunft.pals@nhs.uk](mailto:epunft.pals@nhs.uk)

This leaflet can be produced in large print, CD, Braille and other languages on request.

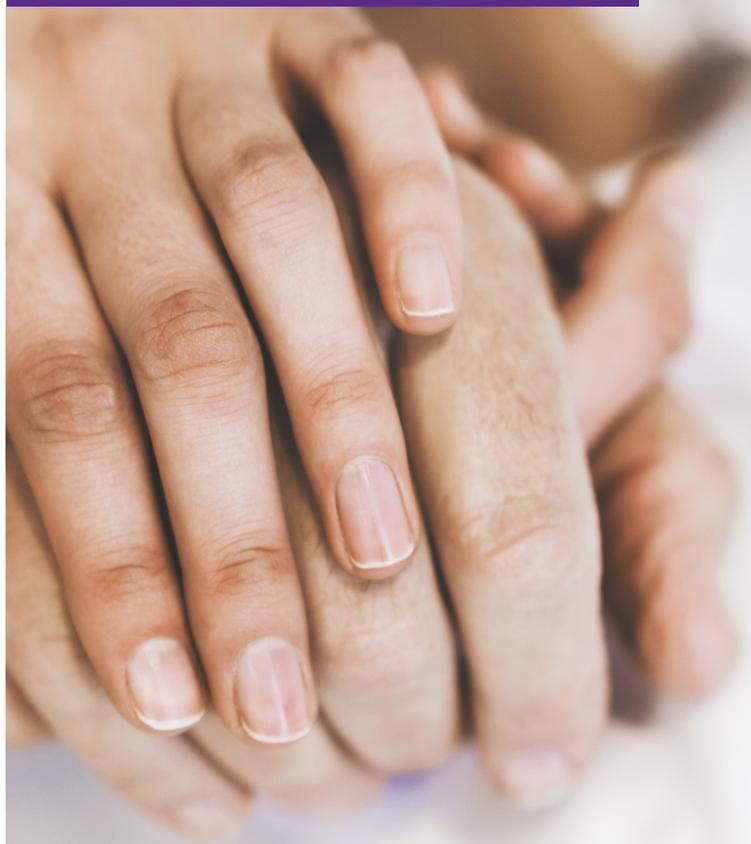


Essex Partnership University NHS Foundation Trust regards equality and diversity as integral to the way it works. Our staff will ensure that everyone is treated fairly and no one is discriminated against on the basis of their ethnicity, gender, disability, age, sexual orientation and religion or belief.

© Essex Partnership University NHS Foundation Trust. Reproduced with permission.

# Life Limiting and End of Life Care

Information Leaflet



Your care coordinator/  
Integrated Care Team is:

## Who we are:

- We are a community integrated team who work as a team to deliver care to adults who have nursing needs.
- The care coordination is delivered by a registered clinician who works within the integrated community team and the aim is to discuss and assess your care needs and future care.
- We offer people affected by a life limiting illness and those in the last year, months, weeks or days of life the opportunity to access good quality comprehensive information and support.

## We can offer:

- Support and information to adults who have concerns about their condition and the effects this has on their future care.
- We can support the person and their relatives and carers through the last year of life and will provide care and support in the last days of life.
- We can refer you to other services and agencies to support you to live well with your life limiting illness. This will be discussed with you and we will seek your consent prior to referral.

## We work in the community

- The service is based within the community integrated teams in South East Essex and West Essex. These local teams are led by a team leader. You will not always see the same nurse due to the large amount of people we treat on a daily basis.
- We can arrange visits within your own home. The integrated team work 7 days a week 365 days a year and are contactable on:

**01702 372070**

Southend/Castle Point/Rochford

**01279 827524**

Epping/Harlow/Uttlesford

## Philosophy for Community Integrated teams and coordination of your care

We aim to provide you with individualised care delivered with dignity and respect. Our aim is to provide care at the right time, in the right place with services that enable you to be cared for in a place of your choice. We aim for you to have discussions early and the opportunity to express your preferences for your future care while ensuring that we support you through any changes you may experience. We work within a system-wide approach with other organisations to deliver the care tailored to your individual needs.

