



Essex Partnership University
NHS Foundation Trust

NHS COMMUNITY SERVICES



MEET THE TEAM

South East Essex



Beverly (Bev) Blackwell
Head of Community Nursing
Castle Point & Rochford

I am extremely proud to Head the Community Nursing Services within the South East Essex Area. I have worked within the Community since 2008 starting out as a Community Nurse 2 years post registration. I never had a burning desire to be a community nurse and was firmly an acute nurse within renal medicine; however once I moved to the community I found my vocation as a nurse.

WELCOME TO THE TEAM!

The Community Nursing Service team provide a domiciliary flexible service to housebound patients to assess health care needs and deliver a wide range of nursing interventions.

You get to see patients in their own homes, which is a privilege; you see the real situation and get a clear picture of any help and intervention that is needed.

Community Nursing has changed dramatically during my time of working in the community; it is now a diverse and dynamic place to work with complex patients and families being cared for. Digital innovation has come along in leaps and bounds enabling EPUT to be ahead of many areas with how we deliver care to our patients.

The Community Nursing Service is an essential part of the local South East Essex (SEE) health and social care system, and can make the difference between people being able to stay at home rather than being admitted to hospital or nursing home care.

The community Nursing Service play a key role through anticipatory case management of health care needs in supporting independence, maintaining and managing long term conditions, providing palliative care, wound care, and preventing the deterioration of health and / or the escalation to acute intervention for the population of South East Essex. The Community Nursing Service co-ordinates and manages their care in partnership with the individual and their carer(s) or family to deliver personalised care at their usual place of residence, and to only attend hospital when it is unavoidable.

FURTHER PROFESSIONAL TRAINING

EPUT offer continued professional development courses and promote career development with AP training, top up degrees, DN specialist training, Advance Non-Medical Prescribing, Assessment Skills for Community Practitioners and Minor Illness: Assessment and Management to name a few. We have a close affiliation with local universities. We offer a development programme from Band 5 nurses in charge through to band 6 and 7 leadership.

"EPUT allowed me to continue adapting and improving to meet the needs of our service users."

ROSINA'S STORY: I ADAPT AND IMPROVE

In 2019, I accepted a team leader post within EPUT. During this time, I was able to attend the trust Management Development Programme and more recently the Community Specialist Practitioner (District Nursing) where I developed a passion to continue my career pathway by facilitating an analytical approach, within the community sector. In 2022, I took the courage and applied for the band 7 Senior Nurse Lead role and was successful for Canvey base.

This allowed me to continue adapting and improving to meet the needs of service users, implementing evidence-based practice and innovation within my current team and organisation.

Within my own practice, I acknowledge the importance of keeping up to date with evidence-based practice and the need to implement change.

Rosina Worf
Senior Community Nurse Lead- District Nurse
Specialist- Canvey Primary Care



MORE CAREER OPPORTUNITIES

There are a wealth of job opportunities in EPUT. We offer Nursing career clinics, where we provide space for you to explore how you feel about work, aspirations for the future and opportunities in the workplace. This can include information about training opportunities and leadership development.

We have many courses to help individual's knowledge improve in each area

JOANNE'S STORY: THE TEAM IS AMAZING

I have worked for community nursing for over 14 years, and through those years I have progressed to a Senior Nurse Lead and I love my job. They team spirit and support is amazing.

Community nursing is oddly known for cups of tea and leg ulcers. However community nursing has greatly evolved over the years and offers highly skilled mix of care which prevents hospital admission and maintains patients to remain cared for in their own environment.

Community nursing is a great place to work. We offer shared learning where we encourage professional development with a range of in house courses plus the opportunity to study with the local university's We also have a very productive Practice Development Nurse.

Joanne Munslow
Senior Nurse Lead Southend
District Nursing Service



CONTINUES PROFESSIONAL DEVELOPMENT

EPUT offers many learning and career opportunities. We have variety of courses to help individual's knowledge to improve in each area or help those interested to specialise in particular area. Our team leader positions are offered number of management development programmes to help them develop their leadership skills.

At EPUT there are many pathways to help individuals progress.

DANIELLE'S STORY: WE GROW OUR OWN

My mother is a district nurse, which probably influenced me to become a district nurse myself. District nurses are able to provide a service to society that is precious so being part of that professional has always been a passion of mine. At EPUT we like to 'grow our own' and help everyone reach their full potential. As a registered nurse in the community, there are many areas of patient care that we provide care in.

At EPUT there are many pathways to help individuals progress. We have many courses to help individual's knowledge improve in each area and possibly help those specialise if particularly interested.

District nursing is challenging but rewarding profession. As a nurse in the community, you are the frontline of care and must be able to manage patients effectively and make quick decisions. District nursing allows patients to live at home for well longer and is a key part to making a difference to patients' lives.

Danielle Whittington (Hill)
Senior Community Nurse Lead



FIND A ROLE YOU ARE PASSIONED ABOUT

EPUT Community is the perfect place for people who are passionate about personalised care delivered to the patients in their own environment. It perfect fit for dynamic individuals who love to work in a team of people sharing their enthusiasm and proving continues support.

Working as part of Multidisciplinary teams within a designated Primary Care Network (PCN) Community nurses are available across their own PCN to allow them to work more closely together so they can offer good quality seamless care.

Work closely with a multitude of other health professionals.

DEBBIE'S STORY: PASSION FOR CARE

I am very passionate about the ethos of caring for patients in their own environment and preventing their admission to hospital. We deliver a large range of mixed clinical skills and holistic care in the community and work closely with a multitude of other health professionals. Working for EPUT also gives you the opportunity to learn and update new skills and offers a wide range of practice development opportunities.

This is a diverse role and we represent our service as part of many multidisciplinary teams in primary care, community and local acute hospitals.

District nursing is a service that has become much more dynamic over the years and to be part of nursing people to allow them to remain in their own homes can be complex but very enjoyable and rewarding.

Debbie Sothcott
Senior Nurse Lead Leigh
District Nursing Service



FLEXIBLE WORKING

The Trust has a number of flexible working options available and continues to develop new ways of working to improve working lives. Choose the shifts that fit your day while keeping your skills sharp. EPUT is offering flexibility from day one to support your personal commitments. Read more about EPUT flexible working [here](#) and EPUT Bank working [here](#).

Working in the community is enjoyable and challenging.

LYN'S STORY: DIFFERENT EVERY DAY

I have worked in the community setting for 33 years during which I have nursed a diverse range of patients with varying health and social needs. Working in the community is enjoyable and challenging as it allows you to work as an autonomous practitioner and within a team, which in turn allows the best skills that you have come into play.

It is a privilege to be able to nurse a patient in their own home so their care is managed holistically and we can ensure they receive the right treatment for their needs.

Community nursing is different every day as you never know what you may encounter and it allows you to work closely with other members of the multidisciplinary team to work together to allow people to remain in their own homes.

Lyn Marlow
Community RGN and Bank nurse at Leigh Clinic



GET QUALIFIED WITH EPUT

Take the opportunity to train and become a fully registered nurse with EPUT

CARLA'S STORY: DIFFERENT EVERY DAY



I joined the trust in February 2003 as a Band 2 HCA Part Time. In 2017 the trust supported me to complete my Care Certificate, My Functional Skills in Maths & English. These courses enabled me to successfully enrol onto the Foundation Degree (2 year apprenticeship).

I completed this in 2019 and was supported further by the trust and successful in becoming a Band 4 Associate Practitioner. I was then able to apply with support from the trust to Top Up my degree to Bachelors of Science. In September 2022 I completed this and have qualified as a Registered Nurse (Band 5).

I know my Journey will continue with the trust and am extremely grateful for the opportunity of on the job learning by completing the apprenticeship programmes.

Carla Hotten
Band 5, Staff Nurse

BESSIE'S STORY: USE THE OPPORTUNITY



I joined community nursing in 2016, starting out as a Band 3, before progressing onto a Band 4 Associate Practitioner, which I was able to undertake through the training programme. I was then able to apply and undertake my Nursing Degree Apprenticeship through EPUT and I am now 4 months from completion.

Throughout my Nursing Degree Apprentice (BSc Adult Nursing) and time working in EPUT, I have been supported by all staff who have actively encouraged me with my training and education. The district nursing team have been invaluable in my career development, providing both emotional support at times of stress.

All staff work together, support each other and provide a friendly environment to work in.

Bessie Hardy
Band 4 Nurse-in-training