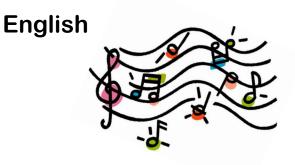




Sing as we grow

NurseryRhymes





Essex Partnership University



Twinkle Twinkle Little Star

Twinkle twinkle little star, How I wonder what you are? Up above the world so high, Like a diamond in the sky, Twinkle twinkle little star, How I wonder what you are?



Incy Wincy spider

Incy wincy spider, climbed up the waterspout Down came the rain and washed the spider out, Out came the sunshine and dried up all the rain, So Incy wincy spider climbed up the spout again.







Row Row Row Your Boat

Row row row your boat, Gently down the stream. (Gently down the River) (Gently to the Shore)



Merrily merrily merrily merrily, Life is but a dream.

Row row row your boat, gently down the stream. (Gently down the River)

(Gently to the Shore)

If you see a Crocodile don't forget to Scream -"Ahhh"

(If you see a Polar Bear don't forget to Shiver - "Brrr") (If you see a Lion don't forget to Roar - "Raaa")



Humpty Dumpty

Humpty dumpty sat on the wall, Humpty dumpty had a great fall. All the kings horses and all the kings men, Couldn't put humpty together again





Round and Round the Garden

Round and round the garden like a teddy bear, (circle your finger on the palm of your child's hand)

One step, Two step (walk your finger up your child's arm) Tickle under there. (tickle under child's arm or chin)



Better Start

Wind the Bobbin up



Wind the bobbin up, Wind the bobbin up Pull pull, clap clap clap.

Wind it back again, wind it back again Pull pull, clap clap clap.

Point to the ceiling, point to the floor Point to the window, point to the door. Clap your hands together,

One Two Three.

Place your hands upon your knees.



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Old McDonald had a farm

Old McDonald had a farm, Ee aye, Ee, aye, Oh And on that farm he had a Horse, Ee aye, Ee aye, Oh (Sheep, Pig, Duck, Dog, Cow) With a neigh neigh here and a neigh neigh there, here a neigh there a neigh everywhere a neigh neigh. (Baa Baa, Oink Oink, Quack Quack, Woof Woof, Moo Moo) Old McDonald had a farm, Ee aye, Ee aye, Oh.

Baa Baa Black Sheep

Baa baa black sheep have you any wool? Yes sir, yes sir three bags full. One for the master, one for the dame and one for the little boy who lives down the lane.







NHS

Essex Partnership University

Head Shoulders Knees and Toes

Head shoulders knees and toes, knees and toes.

Head shoulders knees and toes,

knees and toes.

Eyes and ears and mouth and nose.

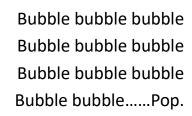
Head shoulders knees and toes, knees and toes.



Better Start

Tiny Turtle Tim

I have a little turtle who's name is tiny Tim, put him in the bathtub to see if he could swim. He drunk up all the water and ate up all the soap, now he's lying in bed with a bubble in his throat.







Happy and you know it

If you're happy and you know it clap your hands, If you're happy and you know It clap your hands. If you're happy and you know it and you really want to show it, if you're happy and you know it clap your hands.

If you're happy and you know it stamp your feet, if you're happy and you know it stamp your feet.

If you're happy and you know it and you really want to show it, if you're happy and you know it, stamp your feet.

If you're happy and you know it nod your head, if you're happy and you know it nod your head.

If you're happy and you know it and you really want to show it, if you're happy and you know it nod your head.

If you're happy and you know it do all three, if you're happy and you know it do all three.

If you're happy and you know it and you really want to show it, if you're happy and you know it do all three.





Essex Partnership University NHS Foundation Trust



Most brain development occurs from birth to age two, so babies and toddlers need stimulation as much as they need nourishing food. The best way to stimulate babies' brains is to talk to them more.

You don't need to be an expert to help your child

Call 07814377552 and a member of the A Better Start Southend Communication and Language team will be able to help you. You can alternatively contact us via email at: eputft.abetterstartadmin@nhs.net

For more information about all A Better Start Southend activities visit: www.abetterstartsouthend.co.uk/



Essex Partnership University NHS Foundation Trust